|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Mean number of servings of fruit and/or vegetables on average per day** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | Mean number of servings | 95% CI | n | Mean number of servings | 95% CI | n |  | 95% CI |
| 18-29 | 538 | 3.2 | 2.7 - 3.8 | 957 | 3.1 | 2.8 - 3.4 | 1495 | 3.1 | 2.9 - 3.4 |
| 30-44 | 589 | 3.4 | 3.0 - 3.8 | 1040 | 3.1 | 2.8 - 3.5 | 1629 | 3.2 | 2.9 - 3.5 |
| 45-59 | 269 | 3.3 | 2.7 - 3.9 | 437 | 3.2 | 2.6 - 3.8 | 706 | 3.2 | 2.8 - 3.7 |
| 45-69 | 241 | 2.7 | 2.4 - 3.0 | 426 | 2.4 | 2.2 - 2.7 | 667 | 2.6 | 2.4 - 2.8 |
| 60-69 | 111 | 3.3 | 2.5 - 4.1 | 249 | 3.6 | 2.8 - 4.5 | 360 | 3.5 | 2.9 - 4.1 |
| **Total** | **1748** | **3.2** | **3.0 - 3.5** | **3109** | **3.1** | **2.9 - 3.3** | **4857** | **3.1** | **3.0 - 3.3** |
| Location |  |  |  |  |  |  |  |  |  |
| Rural | 979 | 3.5 | 3.1 - 3.9 | 1763 | 3.4 | 3.1 - 3.7 | 2742 | 3.4 | 3.2 - 3.7 |
| Urban | 769 | 2.9 | 2.6 - 3.2 | 1346 | 2.5 | 2.4 - 2.7 | 2115 | 2.7 | 2.5 - 2.8 |